

Request for spiritual accompaniment received by St Antony's Priory

Asked to complete [online form](#) before meeting held with either Heather or Michael using 'Notes for Spiritual Direction Referral Conversation'

Person making the request asked to take at least one week to discern if they wish to move to the next step in the process.

Time is taken to pray and consider the needs of the person seeking accompaniment and who might be a suitable person to accompany them.

The potential director is contacted to enquire regarding availability and to check boundaries.

If director has availability, copy of completed [online form](#) and other relevant information provided. If obvious potential challenges may emerge, a fuller discussion takes place with the director.

The Retreat Association Guidelines, the name of the spiritual director and their email is provided to the person requesting spiritual accompaniment, copied to the director.

SUGGESTED NEXT STEPS

Arrange date, time and location of a 'pre-accompaniment' conversation.

This may also include a first spiritual accompaniment meeting or be entirely separate
For either meeting refer to *Initial Conversation between a Spiritual Director and a potential directee*

Pre-accompaniment Meeting

Discuss way of working, boundaries, reviews, contacts, ending etc.

